Dr. Michael McGlamry

# The Top 10 Things You Must Know Before Choosing Your **Policities**



Forsyth Foot & Ankle

#### Welcome Letter from Dr. McGlamry

Dear Friend,

My team and I at Forsyth Foot & Ankle Associates value your and your family's comfort and health above all else and believe that what is right for one patient isn't necessarily the best choice for another. If you are currently searching for a foot and ankle specialist for you or a family member, this report will help you identify the most important questions to ask your potential new podiatrist to find the right fit.

The extensive experience that Forsyth Foot & Ankle Associates provides is the most significant component of our practice, but what truly sets us apart from other podiatry offices is our honesty and commitment to compassion-



ate care. Our practice strives to provide cutting-edge foot and ankle treatments in a friendly, comfortable environment with a focus on top-notch customer service.

The advice in this report is the same as what I would tell my own family about choosing a new doctor. The questions I recommend for consideration are the ten most important characteristics to look for in a podiatrist. When you find a podiatry office that will provide what I describe here, then you have likely found a caring provider who can help you achieve a pain-free, mobile lifestyle.

If you would like to learn more about any of the information I've presented in this report, please feel free to call me or one of our staff at **678-605-9873**. I always look forward to speaking with potential patients about the exceptional podiatric medicine we can offer you and your loved ones.

To Your Health,

Michael C. McGlamry, DPM, FACFAS

#### **Table of Contents**

W	Welcome Letter from Dr. Michael McGlamry	
1.	Do They Have Extensive Experience?	4
2.	Can They Treat All Foot-Related Problems?	. 5
3.	Do They Have Advanced Technology?	6
4.	Are They an Expert Amongst Their Peers?	7
5.	Will They See You in An Emergency?	8
6.	Will They Give You Personal Attention?	9
7.	Do They Care for Your Community?	10
8.	Can They Get You Back to Enjoying Life Again?	11
9.	Can They Provide Same-Day Pain Relief?	12
10	Are They Committed to Honest Care?	13
Bo	Bonus: Do They Offer Flexible Payment Options?	
Clo	Closing letter from Dr. Michael McGlamry1	



Advanced, specialized personal care

### **1. Do They Have Extensive Experience?**

When it comes to choosing a new podiatrist, their experience and training should be at the top of your list. A doctor who has already seen a wide variety of podiatric cases is a doctor who will likely have already treated a medical condition similar to your own. That prior experience can help your podiatrist to foresee any potential risks or complications. With this knowledge and foresight, you can feel assured that your treatment recommendation is truly the best one for your situation and that your treatment will be successful.

Dr. McGlamry has been practicing podiatric medicine for over 20 years. At Forsyth Foot & Ankle Associates, we have treated thousands of patients and helped restore their foot and ankle health and get them back to enjoying life comfortably. Dr. McGlamry's advanced training in podiatric medicine and surgery makes him an expert in the field. He is Board-Certified in foot surgery and reconstructive rearfoot and ankle surgery. These designations and his experience give him the ability to diagnose your foot or ankle issue quickly, as well as offer you the most effective treatment options for your specific case.



# 2. Can They Treat All Foot-Related Problems?

You may be seeking a new podiatrist for a specific foot problem; however, a thorough exam can reveal underlying issues that also require treatment. This is why it is important to choose a practice that diagnoses and treats all foot-related problems under one roof. This makes it easier for you to get all the treatment you need from one experienced doctor.

At Forsyth Foot & Ankle Associates, convenience is one of the many things you can look forward to when you choose us for your podiatry care. We are proud to offer a variety of podiatric treatments to our patients at one convenient location, including:

- Diabetic Foot Care
- Wound Care
- Bunions
- Sports Injuries
- Foot & Ankle Surgery, including reconstruction, salvage & revision surgery
- Heel Pain Relief
- EPAT therapy
- Ingrown Nails

- Hammer & Claw Toe
- Flatfoot
- Arthritis
- Custom Orthotics
- Birkenstocks
- Corns & Calluses
- Pediatric Foot Care, including ingrown nails, warts & flat foot care
- Neuromas



# 3. Do They Have Advanced Technology?

Most podiatrists have the minimum equipment necessary to provide service, but to treat the widest range of conditions, the best podiatrist will go above and beyond, offering specific equipment for the latest, most advanced diagnostic and treatment services.

At Forsyth Foot & Ankle Associates, we recognize that the field of podiatry is constantly evolving, and work hard to make sure our practice offers you the most advanced, effective, and safe treatments available. Whether you are experiencing foot pain, ankle pain, have a sports-related injury, or need diabetic care, you can rest assured that we use state-of-the-art tools and treatment techniques to ensure the best possible outcome. We are proud to offer our patients cutting-edge care using revolutionary equipment, such as:

**Extracorporeal Pulse Activated Technology (EPAT) Therapy**, a form of shockwave therapy, as a non-invasive treatment for chronic Achilles tendinitis and plantar fasciitis. You can expect the treatment to last about 5 minutes and not require any anesthesia.

**Digital x-rays**, which have revolutionized podiatric care over the past decade. Digital X-rays allow us to take and magnify an image of your foot in crystal clear detail, allowing us to tell stress fractures apart from other abnormalities and ensures a proper diagnosis of painful foot and ankle conditions.

**Radio Frequency Nerve Ablation**, which uses a small probe to deliver a shot of heat to nerves in your foot that are causing pain.

Contact us today to learn more about our advanced technologies!



ForsythFoot.com

#### 4. Are They an Expert Amongst Their Peers?

A great podiatrist will understand the importance of staying current with recent scientific research in their field and applying the most recent knowledge to their practice. Even though the field of podiatry continues to advance, some podiatrists don't take the necessary steps to ensure they're up to date on the most current diagnostic and treatment options. You should ask your potential podiatrist whether they value ongoing education and if they are always informed on the cutting-edge podiatric treatments.

At Forsyth Foot & Ankle Associates, we understand the importance of ongoing learning. Dr. McGlamry has a passion for teaching, education, and designing medical hardware in the field of podiatry. He keeps current with the trends, assuring that you have the most comprehensive, up to date care that is tailored to fit your needs.

Currently, Dr. McGlamry teaches in the residency program at DeKalb Medical Center. He also teaches on the postgraduate level with the Podiatry Institute, and AO North America; both of which are renowned for their dedication to physicians' education, and for the improvement of quality patient care.



# 5. Will They See You in An Emergency?

If you are experiencing severe foot pain after a procedure or an injury, you want to be able to see your podiatrist – even if it's outside regular business hours. As you research your local options for podiatry care, make sure you find out how emergency appointments are handled. In some cases, putting off a trip to the podiatrist can cause you to experience severe complications.

Our compassionate team recognizes that accidents can happen, and emergency appointments are sometimes necessary, especially if you are in pain. That's why our office is available to accommodate emergency appointments. Your foot health is our top priority, and we do our best to accommodate urgent and emergency issues on the same day that you contact us. If you call us after regular office hours, we will be on call to advise you until you can be seen.

If you encounter any of the following foot problems, do not wait to call us for emergency care.

- Severe cuts, burns, wounds, or other injuries of the toes, feet or ankles.
- Suspected break or sprain
- Sudden numbness in toes, feet or ankles
- Acute or severe pain, swelling of toe, foot or ankle
- A painful, cold foot that becomes pale or bluish-gray in color and hurts when the leg is raised
- Acute post-surgical problems including bleeding, unexpected swelling or pain, or rupture of sutures

Our doctor is available to contact 24/7, so in the event of an emergency, we are always here to support you!



# 6. Will They Give You Personal Attention?

When going to a new podiatrist, you should expect to be listened to carefully and have all of your concerns addressed in a personalized, caring way without feeling rushed. If the doctor doesn't take the time to patiently listen to all of your concerns and answer your questions, it is difficult to put your trust in their practice.

At Forsyth Foot & Ankle Associates, we strive to provide you with the most enjoyable visit by emphasizing our "patient-first" approach. We believe in not only offering the best care available but in also delivering an unmatched experience to our patients. The mission of our practice is to best serve your needs, not the other way around.

To ensure your appointment proceeds smoothly and efficiently, our team keeps our schedule well organized, with plenty of time allotted to ensure you get the personalized attention you deserve. That means you'll have virtually no wait time when you arrive to see us! We also ensure that you won't be rushed during your appointment and will have the chance to ask questions, layout any concerns, and get educated on the decision that will directly impact your own foot health



# 7. Do They Care for Your Community?

Before selecting your new podiatry practice, pay attention to whether they support their community as a whole. Community support can range from monetary donations, supporting local sports and activities, or teaming up with non-profit organizations.

When a practice takes the time to give back to their community, that can be a strong sign of compassion and responsibility – key characteristics for any great podiatrist! Not only can you benefit directly from a caring podiatrist like this but you can also feel good knowing that you support a local business with heart and ethics.

The importance of giving back is a fundamental value for Dr. McGlamry and our team at Forsyth Foot & Ankle Associates. As part of our efforts to strengthen and improve our community, we regularly donate our time and money to help others. For example, we are a sponsor for Forsyth BYOT Benefit, a fundraiser with the goal of providing Internet access and technology for in-need school children in Forsyth County, as well as the Morrow Community Fund.



# 8. Can They Get You Back to Enjoying Life Again?

If your quality of life has been impacted due to foot pain, it can be difficult to enjoy everyday activities, as even the simplest tasks can cause pain. Make sure that your new podiatrist is committed to not only fixing your foot problem but also to supporting you enjoying a completely pain-free life. This includes ongoing support for any complications that may arise.

At Forsyth Foot & Ankle Associates, we strive to provide the quickest, most effective treatment possible to get you back on your feet, allowing you to return comfortably to work, enjoy sports, or simply take a walk without pain. We will craft a treatment plan specifically for your case and give you answers to your foot problems during your first visit.

Don't let foot pain stop you from enjoying life. Contact us for fast treatment and ongoing support after your visit



#### 9. Can They Provide Same-Day Pain Relief?

Some podiatry offices make you wait weeks or even months before you can be seen for your initial appointment. When you are in pain or are attempting to explore your treatment options, having to wait that long is a hassle. The time you must wait for your first appointment is also an indication of how available your doctor will be if any problems or emergencies arise during your treatment.

Our team always strives to address your podiatry needs in the most time-efficient way possible. That includes offering our new patients an appointment time within 24 hours of calling our office to help relieve your pain as soon as possible. After we run all necessary diagnostic tests and review treatment options with you, you also have the choice to start your treatment that same day so you can get same-day pain relief. This is just another way that Forsyth Foot & Ankle Associates work to make your podiatric care easy and convenient.



#### **10. Are They Committed to Honest Care?**

Sometimes your potential podiatrist will have the right answers to the above questions, but then end up not being honest in their diagnoses or neglect to give you an overview of potential complications. If you've visited a podiatrist that wasn't straightforward with you, it's impossible to put your trust in their practice!

At Forsyth Foot & Ankle Associates, we will give you a complete, thorough, and honest treatment plan to address your specific needs. Our goal is to educate you on your potential foot treatments so you can make an informed decision, while providing affordable, gentle care.

We believe this should be a standard practice in podiatry because it will provide you with the most accurate and honest treatment plan while valuing your input as a patient. Your trust, comfort, and health are our priorities.



# **Bonus: Do They Offer Flexible Payment Options?**

This report was only supposed to include **ten** crucial questions to consider when looking for a podiatrist, but affordability is so important that we've included this section as a bonus.

It's essential to understand what kind of payment options your potential podiatrist offers before you make a decision. When considering the expert care offered at Forsyth Foot & Ankle Associates, we don't want finances to get in the way of the foot health care you need.

Our practice accepts most health insurance plans, but we are also committed to working with you and your unique situation. We never want patients to put off necessary treatment to get them back on their feet, and we are proud to offer flexible, affordable payment options to ensure every patient has access to top-notch care. With this, you can focus on what really matters – getting your healthiest feet for a pain-free life.



678-605-9873

### **Closing Letter from Dr. McGlamry**

Dear Friend,

I hope this report was informative! If you've already seen another podiatrist who didn't provide the information you need, I am pleased to offer a second opinion. I invite you to schedule an appointment with us for a consultation at any time. Additionally, please feel free to call Forsyth Foot & Ankle Associates with any medical concerns you have about your feet and ankles.

At Forsyth Foot & Ankle Associates, my team and I understand that there are many factors to consider when choosing a new podiatrist. I am confident that the information you now have, however, will help you choose the right podiatry office for your foot health needs.



If you have any questions for me or for my team, feel free to call us at **678-605-9873**, and we will be happy to answer any questions you may have. I look forward to welcoming you if you choose Forsyth Foot & Ankle Associ-ates for your podiatry care.

To Your Health,

# Michael C. McGlamry, DPM, FACFAS

P.S. When you are ready, call **678-605-9873** to schedule your consultation. Your comprehensive foot health assessment includes an evaluation of your medical history, a discussion of your goals and concerns, a thorough examination, and a personalized treatment plan to begin your path to recovery.

At that time, I will review your treatment options and answer any questions you may have.



Advanced, specialized personal care

ForsythFoot.com 678-605-9873